

Yoga Class

Where: Troy Recreation Center

When: Mondays, Tuesdays, Thursdays and
Fridays, 6-7 p.m.

Contact: Tori Bailey
334-437-3682

\$5 per class or \$45 per month

Yoga is in Room #3. The class will include dynamic yoga postures, stretching, tummy toning and relaxation. Come ready for a good workout and a fun time!

