



Troy Parks and Recreation

<u>Hours of Operation</u>	<u>Facility</u>	<u>Fitness Center</u>	<u>Pool</u>
Monday-Thursday	5 a.m. - 9 p.m.	5 a.m. - 8:30 p.m.	6 a.m. - 8 p.m.
Friday	5 a.m. - 8 p.m.	5 a.m. - 7:30 p.m.	6 a.m. - 7 p.m.
Saturday	8 a.m. - 7 p.m.	8 a.m. - 6:30 p.m.	10 a.m. - 6 p.m.
Sunday	2 p.m. - 6 p.m.	2 p.m. - 5:30 p.m.	2 p.m. - 5 p.m.

Ages 13-Under not allowed to use Fitness Facility Equipment under any circumstances. 14-15 must be accompanied by an Adult.

Child Watch Hours

Monday-Friday 8 a.m. - 11 a.m. AND 4 p.m - 7 p.m.

Membership Fees:

Individual	\$30 monthly	\$325 annual
Family	\$45 monthly	\$485 annual
Senior (55+)	\$20 monthly	\$200 annual
Senior Couple	\$25 monthly	\$250 annual
Military	\$20 monthly	\$200 annual
Military Family	\$40 monthly	\$400 annual
COT Individual	\$20 monthly	\$200 annual
COT Family	\$40 monthly	\$400 annual
CGI Employee	\$25 monthly	\$270 annual
Corporate Individual	\$25 monthly	\$270 annual
Corporate Family	\$40 monthly	\$400 annual

Daily Fees:

Individual	\$5
Fitness Center Daily Fee	\$5
Senior (55+)	\$2
Walking Track only	\$2
Military	\$3
3-and-Under	Free



Do you have Silver Sneakers?

If you have any of the following Health Plan providers, you can get a Silver Sneakers card and use the entire Troy Recreation Center for FREE, including the Fitness Center

- AARP Medicare Supplement Insurance Plan
- Aetna Medicare
- Blue Cross and Blue Shield/Blue Advantage (PPO)
- Blue Cross and Blue Shield/C Plus Medicare
- Humana Medicare Advantage and Medicare Supplement
- United Healthcare AARP Medicare Complete

Call your health care provider and ask how you can get your card. Some group retiree plans may offer Silver Sneakers. Contact your plan administrator to see if your plan is one of them. You can also go to www.silversneakers.com for more information. Our Silver Sneakers exercise classes meet every Tuesday and Thursday, 9-10 a.m.. Contact Cheryl Pennington at 334-566-4031 for more information.